



COSTOCK WALK NO 3

14.5km/9 miles Grading - Moderate
allow 3.5 to 4.5 hours

TERRAIN. Field paths, tracks and a few short road sections. Paths mostly well defined and way-marked. Can be muddy in places: walking boots or shoes essential.

START AND PARKING. A60 lay-by near Costock cross-roads.

Grid-ref. SK 577 265

NEAREST TOWN. Loughborough

REFRESHMENTS. Red Lion and Generous Briton pubs in Costock. Both serve food.

PUBLIC TOILETS. None.

PUBLIC TRANSPORT. Arriva 99 service, Coalville-Loughborough-Nottingham. Buses every hour Mon.-Sat.

MAPS. Landranger 129, Nottingham & Loughborough
Explorer 246, Loughborough

ROUTE.

1. Locate the public footpath sign near the Red Lion pub car-park. Walk through the car-park to a kissing gate leading to a short fenced-in field path. At its end, pass through another kissing gate and turn right to follow a field edge path. At a signpost, turn right, as indicated, and walk up the hill with hedge right. At another sign post at the top of the hill, turn left onto a track. Where the track turns left, continue straight on to a field path with hedge right and continue to a marker post. Keep to the left of the hedge as indicated and continue on the path to enter a field used for race-horse gallops. After a short while, turn right across a foot-bridge to follow a broad grassy track to reach Rempstone Lane.
2. Turn left noticing a footpath sign on the right. Your return journey will bring you along this path. Instead, at this stage, follow the quiet lane for 700 metres. At a bend in the road near a barn locate a footpath sign on the right hand side. Cross a ditch board and walk the field diagonally left to the very bottom left corner, aiming for a yellow marker post. Cross a bridge over a ditch, turn right and follow marker posts to cross a footbridge and enter a field. Here the path forks, with the left hand path going to Wysall. You need to proceed straight ahead up the hill aiming for two trees at the top and passing close to the left of an electricity pylon. At the top, follow a track with hedge left to pass Windyridge Farm to reach a road (Windyridge Road).
3. Cross the road to join a bridle path alongside the tarmac track to Annabell's Farm. Ignoring footpaths to right and left, follow the bridle path to the gated entrance to the farm and continue right of a fence to reach a stile at the edge of a wood. Cross the stile to enter a field and turn left with scrubby bushes on the left to reach a stile at the corner of the field near a farm. Do not cross the stile but turn sharp right to follow a line of electricity wires near a farm track.
4. Where the track veers left carry straight on to reach a gate and stile at a wood. Follow the field path with the wood on the right. At the end of the wood bear right and then left after crossing a stile. Follow a field edge path with hedge left uphill to reach Triangle Plantation. Go through a gap in the hedge on the left to follow the *left* side of the plantation passing through several gates. At the end of the plantation, walk downhill slightly left, following the fence left to reach the corner of the next field which should be crossed diagonally to the bottom right corner. Pass through a metal gate and follow a stream on the left to reach another gate at the end of the field. Turn left through the gate, cross a concrete bridge over the stream and pass through



another gate to join the Midshires way. Turn right to reach a double stile and follow the next field diagonally left uphill, aiming to the right of a large red-brick building, to reach the road at Willoughby-on-the-Wolds.

4. Turn right onto the road, pass Main street on the left and shortly afterwards, locate a footpath sign on the right just before a bus shelter. Go through a blue gate to enter a small farm-yard and at its end go through a metal gate to enter a grassy field. Walk to the far end of the field to a stile and footbridge at its bottom left corner to join another road. Turn right uphill on the wide grass verge to the point where the road turns left at Barrack Cottages. Look for a footpath sign ahead and enter a large pasture via a metal gate. Follow a line of trees and where it ends, continue in the same direction to a marker post and stile. Cross the next field aiming for a metal gate opposite. Pass through the gate, cross a track to join a second track and turn right towards Field Farm. Just before the farm entrance, turn sharp left through a gap in the fence walking in a diagonal line across the field making for a ditch board at the corner of the opposite hedge. Cross the ditch and pass through two fields with hedge right to reach a junction of paths. After passing through a gap in the hedge, turn right across an arable field to a yellow marker post at a junction of paths and continue in the same direction to reach another marker post near a mini-copse. Cross another arable field to reach a gap in a hedge. Continue, with hedge on the right through several small fields past a small pond to reach some small barns near Wysall Lane. Cross over two stiles near the buildings to reach the lane at a junction of three footpaths.
5. Take the footpath opposite which bears diagonally right through two pastures, passing the corner of a small-holding, to reach a stile at the top left hand corner in the left hand hedge. Follow the next field initially with hedge right and then continue with hedge left at a marker post to reach the farm access track for Peasland Farm.. Proceed ahead along the track for a short distance until it turns sharp left. Instead of following the track continue ahead at a marker post into a field with hedge right to reach an ash tree. Turn sharp right, as indicated, to reach a marker post at a hedge. Follow down the path with hedge right, skirting a small pond, to reach a footbridge at the Leics./ Notts. Border. Cross, and proceed diagonally left in the next field aiming for a hawthorn tree at a gap about half-way along the opposite hedge in line with a bungalow in the distance. Bear slightly more left in the next field along the line of a distant conifer, to reach a stile. Cross two more fields to reach Rempstone Lane close to Point 2. Turn left for 60 metres and then right to return back to Costock to follow the outward route in reverse.

